

PROFESSIONAL VITAE

**EILEEN M. PEARLMAN, PH.D.**

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**EDUCATIONAL AND PROFESSIONAL TRAINING**

PH.D., CLINICAL PSYCHOLOGY, 1987  
*California Graduate Institute, Los Angeles*

M.A., SPECIAL EDUCATION, 1974  
*California State University, Los Angeles*

B.A., GENERAL EDUCATION, 1962  
*University of California, Los Angeles*

**LICENSURE AND CREDENTIALS**

- Licensed Marriage, Family and Child Therapist (MFC16532)
- Teaching Credential : Special Education
- Teaching Credential: General Education

**EXPERIENCE**

PRIVATE PRACTICE

*Psychotherapy, 1981 - Present*  
Adults, adolescents, children, couples and families.

TWINSIGHT

*Director, 1991 - Present*  
Counseling, psychotherapy and consulting service for multiples of all ages and their families.

CEDARS SINAI MEDICAL CENTER

*Support Group Leader, 1995- 1997*  
Ophthalmology Research Laboratory  
Macular Degeneration Project

PRIVATE PRACTICE

*Educational Therapy, 1977-1981*  
Children, adolescents, and adults.  
Attention Deficit Disorder, Learning Disabilities

THE LOS ANGELES LEARNING CENTER

*Program Director and Educational Therapist 1974-1977*

SHERMAN OAKS PRESBYTERIAN NURSERY SCHOOL

*Teacher, 1972-1974*

LOS ANGELES UNIFIED SCHOOL DISTRICT

*Teacher, 1962- 1966*

### **BOARDS/ADVISORY/EDITORIAL**

1999 - Present	Advisory Board "TWINS 5 to 12: Newsletter for Parents of Multiples Ages 5 to 12"
1996 - Present	Chairperson Southern California Twin Services Network
1996 - 1998	Board of Directors Twin Services
1995 - Present	Professional Advisory Board The Twins Foundation
1995 - Present	Editorial Consultant "TWINS Magazine"
1993 - 1995	Editorial Advisory Board "TWINS Magazine"

### **SEMINARS /PRESENTATIONS**

#### ENCINO-TARZANA MEDICAL CENTER

*Instructor "Parents Expecting Multiples" 2000, 1999, 1998, 1997*

#### ENCINO-TARZANA MEDICAL CENTER, DEPARTMENT OF EDUCATION

*Speaker - "Multiple Gestation: The Agony and the Ecstasy" 1998*

#### SAN FRANCISCO MOTHERS OF TWINS CLUB

*Speaker: 1999, 1998, 1997, 1996*

#### MARIN MOTHERS OF MULTIPLES

*Speaker: 1999, 1998, 1997*

#### TERRIFIC TWOSOME MOTHERS OF TWINS CLUB

*Speaker: 1999, 1998*

#### TWINSIGHT

*"Parents Expecting Multiples" Seminar: 2000, 1999, 1998, 1997, 1996*

#### PARENTS OF TWIN LOSS

*Support Group Leader: 2000, 1999, 1998, 1997, 1996, 1995*

#### CONTEMPORARY ANALYTIC PERSPECTIVES

*Speaker, "The Ties That Bond:" 1998*

#### RIVERSIDE MOTHERS OF TWINS CLUB

*Speaker, 2000*

#### SADDLEBACK MOTHERS OF TWINS CLUB

*Speaker, 2000, 1998*

#### TWINSIGHT

*Seminar "Twin Insight" for Adult Twins: 1999, 1998, 1997, 1996, 1995, 1994*

#### PARENTS OF MULTIPLE BIRTH ASSOCIATION (POMBA) CONFERENCE - CANADA

*Keynote Speaker: 2000, 1997*

**SEMINARS/PRESENTATIONS (Continued)**

TWINLESS TWIN CONFERENCE

*Keynote Speaker, Group Leader: 1997, 1995*

WEST LOS ANGELES PARENTS OF MULTIPLES

*Speaker: 1997, 1993*

SANTA CLARITA MOTHERS OF TWINS CLUB

*Speaker: 1997, 1995, 1993*

UNIVERSITY OF CALIFORNIA, LOS ANGELES (UCLA)

*Instructor/Program Coordinator - "TWINS: Myth and Reality" 2000, 1996*

LOS ANGELES SOCIETY FOR CLINICAL PSYCHOLOGISTS (LASCP)

*Speaker: 1996*

SAN FERNANDO VALLEY MOTHERS OF TWINS CLUB

*Speaker: 1996*

SAN FERNANDO VALLEY TWINS AND TRIPLETS CLUB

*Speaker: 1996*

NORTHERN CALIFORNIA ASSOCIATION OF MOTHERS OF TWINS CLUBS

*Keynote Speaker: 1994*

UNIVERSITY OF CALIFORNIA, LOS ANGELES (UCLA)

*Instructor/Program Coordinator: "Demythifying The Twin Experience" 1993*

CALIFORNIA STATE UNIVERSITY, FULLERTON

*Seminar: Twinless Twins With Nancy C. Segal, Ph.D., 1993*

INTERNATIONAL COUNCIL OF SHOPPING CENTERS

*Speaker: "Women's Roles in the '90's: Can We Have It All?" 1991*

WRR - WOMEN IN RETAIL REAL ESTATE

*Keynote Speaker, "Psychology of Women" 1989*

**MEMBERSHIPS**

- American Psychological Association (Division 39)
- Association of Educational Therapists
- The Author's Guild
- California Association Marriage, Family and Child Therapists
- International Society for Twin Studies
- Los Angeles Association Marriage, Family and Child Therapists
- Southern California Twin Service Network
- Twinless Twin Support Group International
- Twins Foundation

## **PUBLICATIONS**

Pearlman, Eileen M. and Jill Alison Ganon, (2000). Raising Twins: What Parents Want to Know (And What Twins Want to Tell Them). HarperCollins Publishing: New York

Pearlman, Eileen M. (1990). Separation-Individuation, Self-Concept, and Object Relations in Fraternal Twins, Identical Twins, and Singletons. The Journal of Psvcho1ogy, 124 (6), 619 -628.

\_\_\_\_\_ (1991). How to Cope With The Recession and Still Keep in Balance. That Balance Magazine, 12 - 16.

\_\_\_\_\_ (1992). How to Cope With The Recession and Still Keep in Balance. Et Cetera Magazine 49(2), 239-246.

\_\_\_\_\_ (1992). Still Coping With The Recession and Keeping In Balance. That Balance Magazine, 4-6.

\_\_\_\_\_ (1992). Siblings Through the Years. TWINS Magazine 8, 49.

\_\_\_\_\_ (1993). A Separate Sense of Self. TWINS Magazine 52-54.

\_\_\_\_\_ (1994). Delving Into Their Development. TWINS Magazine 60-61.

\_\_\_\_\_ (1995). Talking to Your Twins About Being Twins. TWINS Magazine 12(1), 12-14.

\_\_\_\_\_ (1995). Life's Separation Journey. TWINS Magazine 12(1), 50, 60.

\_\_\_\_\_ (1995). A New Marital Challenge. TWINS Magazine 12(2), 48,49.

\_\_\_\_\_ (1995). Unique Is Better Than Equal. TWINS Magazine 12(3), 28-29.

\_\_\_\_\_ (1995). The Complications of Friendship TWINS Magazine, 12(3), 48-19.

\_\_\_\_\_ (1996). I Feel So Guilty. TWINS Magazine, 13(1), 50.

\_\_\_\_\_ (1996). DRIVING! TWINS Magazine, 13(3), 50.

## **MEDIA**

“WEBMD.COM”  
*Live Interview, 2000*

“TALK OF THE CITY”  
*Live Interview, 2000*  
National Public Radio, KPCC

“LIFE MATTERS”  
*Live Interview, 2000*  
American Broadcasting Company

“THE LEEZA SHOW” TELEVISION  
*Guest Speaker, 1994*  
National Broadcasting Company (NBC)

"STRANGE UNIVERSE" TELEVISION  
*Twin Expert 1997*  
UPN